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When you register for CARA's 2008 Marathon Training Program, included is a 1-year subscription to Running Times magazine valued at \$10. There are no hidden charges and you will not receive any bills. Your name, mailing address and e-mail address will be forwarded to the publisher for the purpose of fulfilling your magazine subscription. If you do not wish to receive Running Times magazine, please call 1-800-816-4735 or send a paper request to Running Times, c/o CARA Marathon Training Program, PO Box 8484, Red Oak, IA 51591-1484. You will need to include your name, address and a copy of your membership receipt. Once received and verified, a refund will be sent to you in 6 to 8 weeks for any unserved copies remaining on your subscription. Offer valid for non-subscribers with a U.S. mailing address.