

**2019 CARA Runners' Choice Circuit  
Award Winners**

*To be individual awards eligible for competitive runners must have been CARA Supporter Level members by 7/1/19, have completed at least five races (except 18 & under which requires only 3). Only a runners eight best scores count for their total. Runners may not win awards in both age group and Clydesdale/Athena.*

**Overall Male**

1. Steffen Uhrich 180
2. Thomas Curran 128
3. Chris Robertson 116
4. Chris Wolf 115
5. Scott Mangum 95
6. Matthew Jeromin 87
7. Joel Bendsten 78
8. Frank Cira 75
9. Damian Bednorz 45
10. Andrew Mullen 36

**Overall Female**

1. Erika Edmondson 186
2. Jane Bareikis 147
3. Angelica Guerrero 135
4. Columba Montes 120
5. Daniela Munoz 91
6. Grace Wasielewski 60
7. Marie Fourman 55
8. Evance Stalley 54
9. Lisa Mullen 43
10. Geri Bensen 42

**Age Graded**

1. Nancy Rollins 189
2. Angelica Guerrero 187
3. Grace Wasielewski 183
4. Tony Bleull 135
5. Chris Wolf 124
6. Steffan Uhrich 116
7. Jane Bareikis 106
8. Brian Sweney 101
9. Chris Robertson 92
10. Doris Schertz 87

**Males 14 & Under**

1. Jackson Menedez 56

**Males 15 - 19**

1. Jason Ingold 26

**Males 20 - 24**

1. Steffen Uhrich 114

**Males 25 - 29**

1. Thomas Curran 92
2. Chris Robertson 73
3. Ken Love 35

**Males 30 - 34**

1. Joel Bendtsen 82
2. Kyle Coates 31

**Males 35 - 39**

1. Damian Bednorz 98
2. Matthew Jeromin 92
3. Patrick Thornton 56

**Males 40 - 44**

1. Scott Mangum 118
2. Steve Breese 97
3. Louis Lapat 58

**Males 45 - 49**

1. Chris Wolf 117
2. Frank Cira 109
3. Andrew Mullen 98

**Males 50 - 54**

1. Doug Pearson 113
2. Ken Schuch 107
3. Jim Cassioppi 77

**Males 55 - 59**

1. Tony Bleull 119
2. David Schaub 109
3. David Hensley 100

**Males 60 - 64**

1. Brian Sweney 116
2. Keith Holzmueller 115
3. Brent Friesen 90

**Males 65 - 69**

1. Jim Gebhardt 120
2. Bill Leiner 114
3. James Nelson 106

**Males 70 - 74**

1. Bob Richards 118
2. John Albanese 111
3. Mark Baker 108

**Males 75 - 79**

1. Jonathan Cohen 120
2. Adrian Malec 117
3. Joe Sehnal 106

**Males 80 - 84**

1. William Hosken 115
2. Kirby Anderson 96

**Males 85 & Over**

1. Robert Taylor 87

**Females 14 & Under**

None

**Females 15 - 19**

None

**Females 20 - 24**

1. Jane Bareikis 90

**Females 25 - 29**

1. Marie Fourman 60

**Females 30 - 34**

1. Carolyn Strobel 72
2. Joelle Baranek 44

**Females 35 - 39**

1. Erika Edmondson 119
2. Mollie Green 39

**Females 40 - 44**

1. Daniela Munoz 108
2. Columba Montes 105
3. Evance Stalley 66

**Females 45 - 49**

1. Erica Agran 95
2. Lisa Rodriguez 80
3. Leah Hammer 69

**Females 50 - 54**

1. Geri Bensen 116
2. Tina Helm 103
3. Kristin Otto 94

**Females 55 - 59**

1. Angelica Guerrero 120
2. Christine Lipa 98
3. Brooke Lord 83

**Females 60 - 64**

1. Eileen Skisak 118
2. Eileen Dolan 116
3. Valerie Mackin 103

**Females 65 - 69**

1. Grace Wasielewski 120
2. Kaori Maeshima 114
3. Catherine Saccany 108

**Females 70 - 74**

1. Nancy Rollins 120
2. Isola Metz 117
3. Linda Lynch 84

**Females 75 - 79**

1. Betsy Holland 120
2. Eileen Malec 108
3. Stacia Taylor 84

**Females 80 - 84**

1. Doris Schertz 105

**Females 85+**

None

**Clydesdale A**

1. Lynn Crim 120
2. Jeff Giffin 112

**Clydesdale B**

1. David Dziagwa 118
2. Shane Petrelli 115
3. John Zelman 109

**Clydesdale C**

1. Chris Stephenitch 105
2. Kevin Koy 87
3. Richard Osborne 81

**Athena A**

1. Debra Evans 115
2. Lisa Verdon 105

**Athena B**

1. Shannon Hartinger 120
2. Marsha Komosa 115
3. Judith Warren 110

**Circuit Award**

Erica Agran  
 John Albanese  
 Kirby Anderson  
 Fred Arriaga  
 Mark Baker  
 Jane Bareikis  
 Joel Bendsten  
 Damian Bednorz  
 Geri Bensen  
 Nick Bensen  
 Joelle Beranek  
 Tony Bluell  
 Rona Bongat  
 Tim Bradley  
 Steve Breese  
 Lorrie Buenrostro  
 Jim Cassioppi  
 Frank Cirra  
 Kyle Coates  
 Jonathan Cohen  
 Lynn Crim  
 Thomas Curran  
 Johanna De Haven

Karin Dehaven  
 David Dziagwa  
 Erika Edmonson  
 Debra Evans  
 Brent Friesen  
 Marie Fourman  
 Fritz Gareis  
 Jim Gebhardt  
 Jeff Giffin  
 Ann Greeley  
 Mollie Green  
 Angelica Guerrero  
 Shannon Hartinger  
 Leah Hammer  
 Tina Helm  
 David Hensley  
 Betsy Holland  
 Keith Holzmueller  
 William Hosken  
 Grace Hussar  
 Bill Igoe  
 Chuck Janczy  
 Matthew Jeromin  
 Robert Jungwirth  
 Gordon Kane  
 Gerard Kenny  
 Marsha Komosa  
 Kurt Kowols  
 Mary Ann Kowols  
 Kevin Koy  
 Jason Ingold  
 Bill Leiner  
 Louis Lapat  
 Marc Lemmons  
 Christine Lipa  
 Brooke Lord  
 Ken Love  
 Linda Lynch  
 Valerie Mackin  
 Kaori Maeshima  
 Valerie Mackin  
 Adrian Malec  
 Eileen Malec  
 Scott Mangum  
 Isola Metz  
 Columba Montes  
 Christopher McVey  
 Jackson Menendez

John Morris  
Andrew Mullen  
Lisa Mullen  
Daniela Munoz  
Richard Osborne  
Kristin Otto  
Doug Pearson  
Talan Pearson  
Shane Petrelli  
Chris Robetson  
Lilliana Rodriguez  
Lisa Rodriguez  
Nancy Rollins  
Catherine Saccany  
David Schaub  
Doris Schertz  
Rainer Schochat  
Ken Schuch  
Joe Sehnal  
Eileen Skisak  
Evan Stalley  
Chris Stephenitch  
Edward Straka  
Carolyn Strobel  
Brian Sweney  
Robert Taylor  
Stacia Taylor  
Lovie Twine  
Lisa Verdon  
Steffen Urich  
Grace Wazielewski  
Judith Warren  
Hans Wenzel  
Chris Wolf  
Rachael Zaret  
John Zelman  
Peter Zimmerman

***Participation Award***

John Albanese  
Maria Anichini  
Fred Arriaga  
Geri Bensen  
Nick Bensen  
Rona Bongat  
Lorrie Buenrostro  
Frank Cira  
Kyle Coates  
Jonathan Cohen  
Lynn Crim  
David Dziagwa  
Debra Evans  
Angelica Guerrero  
Tina Helm  
David Hensley  
Bill Igoe  
Chuck Janczy  
Matthew Jeromin  
Gordon Kane  
Gerard Kenny  
Marsha Komosa  
Kurt Kowols  
Mary Ann Kowols  
Bill Leiner  
Ken Love  
Valerie Mackin  
Kaori Maeshima  
John Morris  
Andrew Mullen  
Shane Petrelli  
David Schaub  
Doris Schertz  
Rainer Schochat  
Edward Straka  
Judith Warren  
Hans Wenzel  
John Zelman

**Club Team Awards:**

**Combined Club Category**

1. Fleet Feet Racing Team
2. Evanston Running Club
3. Oak Park Runners Club

**Open Men Club Category**

1. Fleet Feet Racing Team
2. Evanston Running Club
3. Fast Track Racing Team

**Open Women Category**

1. Oak Park Runners Club
2. Fleet Feet Racing Team
3. Evanston Running Club

**Masters Men Category**

1. Evanston Running Club
2. Fast Track Racing Team
3. Oak Park Runners Club

**Masters Women Category**

1. Oak Park Runners Club
2. Fleet Feet Racing Team
3. Evanston Running Club

**Veteran Men Category**

1. Evanston Running Club
2. Oak Park Runners Club
3. Elmhurst Runners Club

**Veteran Women Category**

1. Oak Park Runners Club
2. Evanston Running Club
3. Elmhurst Running Club

**Senior Men Category**

1. Evanston Running Club
2. Oak Park Runners Club
3. Elmhurst Runners Club

**Senior Women Category**

1. Oak Park Runners Club
2. Evanston Running Club
3. Fast Track Racing Team