

# 2012 AWARD WINNERS

**Congratulations to these excellent runners!**

**CARA Runners of the Year:** Emisael Favela and Columba Montes

**Junior Runners of the Year:** Michael Banasik and Isabella Alansari

**Masters Runners of the Year:** Rob Chenoweth and Angelica Guerrero

**Veteran Runners of the Year:** Barry Brandt and Kayoko Hamamura

**Senior Runners of the Year:** Eric Burgess and Nancy Rollins

**Super Senior Runners of the Year:** Ed Packel and Lois Gilmore

**Clydesdale/Athena Runners of the Year:** Mick Brown and Helen Nuttall

**Best Race of the Year:** Race That's Good for Life 5K

**2012 Hall of Fame Recipients:** Tim Conheady and Isola Metz

## **CARA Overall Winners - 2012**

### **Male**

- Emisael Favela, Berwyn
- Mark Wehrman, Chicago
- Tim Hamilton, Grayslake
- Scott Mangum, Barrington (tie)
- Michael Cauley, Bloomingdale (tie)
- Christian Escareno, Chicago
- Matthew Jeromin, Roselle
- Rob Chenoweth, Chicago
- Scott Laumann, Chicago
- Justin Jackson, Chicago

## Female

- Columba Montes, Chicago
- Wendy Jaehn, Chicago
- Kristen Heckert, Lisle
- Kristine Burgess, Mundelein
- Stephanie Hughes, Chicago
- Sherri Breese, Palatine
- Helen Nuttall, Oak Park
- Angelica Guerrero, Chicago
- Heather Swink, Barrington
- Erika Vazquez, Hampshire

## CARA Age Graded Champions - 2012

In each race, 15 points were awarded to finisher with the highest age-graded score, 14 for second, etc. Runners were ranked at year-end using points from their 10 best races.

- Nancy Rollins, Evanston
- Barry Brandt, Villa Park
- Tim Conheady, Elmhurst
- Lois Gilmore, Janesville
- Grace Wasielewski, Prospect Heights
- Craig Gunby, Palatine
- Emisael Favela, Berwyn
- Rob Chenoweth, Chicago
- Brian Sweeney, Chicago
- Eric Burgess, Long Grove

## CARA Age Group Winners - 2012

### 14 & Under

- |                                       |                                       |
|---------------------------------------|---------------------------------------|
| 1. Michael Banasik, Elk Grove Village | 1. Isabella Alansari, Hoffman Estates |
| 2. Paolo Tiongson, Skokie             | 2. Mary Blankemeier, Oak Park         |
|                                       | 3. Lindsay Graham, Lombard            |

### 20 - 24

- |                                |                                |
|--------------------------------|--------------------------------|
| 1. Christian Escareno, Chicago | 1. Stephanie Hughes, Chicago   |
| 2. Christopher Mileto, Chicago | 2. Adrienne Andeen, Schaumburg |

### 25 - 29

- |                            |                                |
|----------------------------|--------------------------------|
| 1. Tim Hamilton, Grayslake | 1. Kristine Burgess, Mundelein |
|----------------------------|--------------------------------|

2. Mark Wehrman, Chicago
3. Matthew Villicana, Chicago

2. Sherri Breese, Palatine
3. Kristen Heckert, Lisle

### **30 - 34**

1. Michael Cauley, Bloomingdale
2. Matthew Jeromin, Roselle
3. Steve Breese, Palatine

1. Columba Montes, Chicago
2. Helen Nuttall, Oak Park
3. Erika Vazquez, Hampshire

### **35 - 39**

1. Emisael Favela, Berwyn
2. Scott Mangum, Barrington
3. Dave Schaefers, Schaumburg

1. Wendy Jeahn, Chicago
2. Carolyn Martineau, Chicago
3. Lisa Czepiel, Elk Grove Village

### **40 - 44**

1. Rob Chenoweth, Chicago
2. Doug Pearson, Elgin
3. Scott Laumann, Chicago

1. Danielle Steimel, Aurora

### **45 - 49**

1. Carlos Viramontes, Tinley Park
2. Kelly McGovern, Bartlett
3. John Gervase, Burr Ridge

1. Geri Bensen, Oak Park
2. Ann Joyner, Berwyn

### **50 - 54**

1. Barry Brandt, Villa Park
2. Craig Gunby, Palatine
3. Mark Przybyla, Palatine

1. Angelica Guerrero, Chicago
2. Kayoko Hamamura, Chicago
3. Barb McGovern, Bartlett

### **55 - 59**

1. Tim Conheady, Elmhurst
2. Keith Burns, Evanston
3. Keith Holzmueller, Evanston

1. Grace Wasielewski, Prospect Heights
2. Melissa Savage, Chicago
3. Maribeth Ward, Chicago

### **60 - 64**

1. Eric Burgess, Long Grove
2. Bob Richards, Villa Park
3. Fritz Gareis, Wilmette

1. Isola Metz, Wheaton

### **65 - 69**

1. Andrew Suozzo, Chicago
2. John Albanese, McHenry
3. Adrian Malec, Park Ridge

1. Nancy Rollins, Evanston
2. Susan Zwolfer, Chicago
3. Eileen Malec, Park Ridge

**70 - 74**

- |                             |                                     |
|-----------------------------|-------------------------------------|
| 1. Ed Packel, Lake Forest   | 1. Janet Draheim, Arlington Heights |
| 2. John E. Young, Woodridge |                                     |
| 3. Frank Nicholson, Chicago |                                     |

**75 - 79**

1. Kirby Anderson, Cicero
2. Todd Fandell, Wilmette
3. Carl Hays, Batavia

**80 - 84**

- |                            |                             |
|----------------------------|-----------------------------|
| 1. Dick Lamermayer, Aurora | 1. Lois Gilmore, Janesville |
|----------------------------|-----------------------------|

**85 & Older**

1. Robert Taylor, Oak Park

**CARA Clydesdale / Athena Age-Graded Division Winners - 2012****A**

- |                                    |                           |
|------------------------------------|---------------------------|
| 1. David Dziagwa, Prospect Heights | 1. Diana Mulka, Woodridge |
| 2. Jeff Giffin, Niles              |                           |
| 3. Frank Hansen, Forest Park       |                           |

**B**

- |                                   |                    |
|-----------------------------------|--------------------|
| 1. Mick Brown, Chicago            | 1. Amy Ma, Chicago |
| 2. Lynn Crim, Schaumburg          |                    |
| 3. Daniel Pintar, Hoffman Estates |                    |

**C**

- |                                  |                                |
|----------------------------------|--------------------------------|
| 1. Gregory Smith, Long Grove     | 1. Leslie Kelsch, Chicago      |
| 2. Steve Sarowitz, Highland Park | 2. Kimberley Stedman, Chicago  |
| 3. Eric Landschoot, LaGrange     | 3. Ruth Bonacci, Chesterton IN |

**D**

1. Jeffrey West, Carol Stream
2. Vincent Ackerman, Bloomingdale

**CARA Club Circuit Winners - 2012**

#### Dick Pond Fast Track Racing Team

- Combined (Age-Graded) Category
- Male Open Category
- Female Open Category
- Male Masters Category
- Female Masters Category
- Male Veteran Category
- Female Veteran Category

#### Lake Forest / Lake Bluff Running Club

- Male Senior Category

#### Evanston Running Club

- Female Senior Category

#### **CARA Corporate Circuit Winners - 2012**

- Sargent & Lundy
- Molex
- Metra

#### **Participation Award Winners - 2012**

Muhammad Alansari, Hoffman Estates

John Albanese, McHenry

Kirby Anderson, Cicero

Chuck Aron, Chicago

Stephanie Bass, Richton Park

Geri Bensen, Oak Park

Nick Bensen, Oak Park  
Ruth Bonacci, Chesterton IN  
Eric Burgess, Long Grove  
Arlyne Chin, Chicago  
James Conyers, Lombard  
Lynn Crim, Schaumburg  
Lisa Czepiel, Elk Grove Village  
David Dziagwa, Prospect Heights  
Todd Fandell, Wilmette  
Nicole Fritz, Manhattan  
Fritz Gareis, Wilmette  
Angelica Guerrero, Chicago  
Frank Hansen, Forest Park  
Bill Igoe, Downers Grove  
Ann Joyner, Berwyn  
Ken Kansa, Oak Park  
Leslie Kelsch, Chicago  
Gerard Kenny, Oak Park  
Peter Klaeser, Sauk Village  
Dick Lamer Mayer, Aurora  
Eric Landschoot, LaGrange  
Amy Ma, Chicago  
Eileen Malec, Park Ridge  
Janusz Malski, Chicago  
Scott Mangum, Barrington  
Barb McGovern, Bartlett  
Kelly McGovern, Bartlett  
Cary Mele, Chicago  
Isola Metz, Wheaton  
Connie Michalarias, Chicago  
Frank Nicholson, Chicago  
Helen Nuttall, Oak Park  
Ed Packel, Lake Forest

Doug Pearson, Elmhurst  
Katie Romano, Huntley  
Rick Romanow, Schaumburg  
Roberto Sarli, Blue Island  
Kimberley Stedman, Chicago  
Danielle Steimel, Aurora  
Annette Towler, Oak Park  
Carlos Viramontes, Tinley Park  
Maribeth Ward, Chicago  
John E. Young, Woodridge

### **Long Distance Award Winners - 2012**

Kirby Anderson, Cicero  
Chuck Aron, Chicago  
Ruth Bonacci, Chesterton IN  
Arlyne Chin, Chicago  
Lynn Crim, Schaumburg  
Jen Donahoo, Melrose Park  
David Dziagwa, Prospect Heights  
Nicole Fritz, Manhattan  
Fritz Gareis, Wilmette  
Frank Hansen, Forest Park  
Tina Helm, Elmhurst  
Ann Joyner, Berwyn  
Ken Kansa, Oak Park  
Gerard Kenny, Oak Park  
Dana Lesus, Yorkville  
Adrian Malec, Park Ridge  
Mark McHugh, Broadview  
Rick Romanow, Schaumburg  
Greg Smith, Long Grove  
Danielle Steimel, Aurora

Susan Taylor, Spring Grove

Susan Valene, Carol Stream

Carlos Viramontes, Tinley Park

Maribeth Ward, Chicago

Grace Wasielewski, Prospect Heights