



Free Timed Runs!

One Mile & 5k Community Runs.
Saturdays at 9:00am. All Ages.

Pre-registration required.

Register in advance at GoRunChicago.org. Participants must register for each date they plan to attend.

Pre-registration opens and closes:

One week prior to each 'Go Run' on Friday.



Join us!

MARCH 7	Warren Park 6601 N. Western Ave.	JUNE 13	Big Marsh Park 11555 S. Stony Island Ave.	SEPTEMBER 19	Bye Week No 'Go Run
MARCH 14	Garfield Park Woodward & Music Ct.	JUNE 20	Calumet Park 9801 S. Avenue G	SEPTEMBER 26	Horner Park 2741 W. Montrose Ave.
MARCH 21	Jackson Park 1686 E. Hayes Dr.	JUNE 27	Warren Park 6601 N. Western Ave.	OCTOBER 3	Douglass Park 1401 S. Sacramento Dr.
MARCH 28	Horner Park 2741 W. Montrose Ave.	JULY 4	Bye Week No 'Go Run	OCTOBER 10	Bye Week No 'Go Run
APRIL 4	Marquette Park 6743 S. Kedzie Ave.	JULY 11	Jackson Park 1686 E. Hayes Dr.	OCTOBER 17	Garfield Park Woodward & Music Ct.
APRIL 11	Douglass Park 1401 S. Sacramento Dr.	JULY 18	Horner Park 2741 W. Montrose Ave.	OCTOBER 25	Warren Park 6601 N. Western Ave.
APRIL 18	Warren Park 6601 N. Western Ave.	JULY 25	Marquette Park 6743 S. Kedzie Ave.	OCTOBER 31	Big Marsh Park 11555 S. Stony Island Ave.
APRIL 25	Columbus Park Jackson Blvd. & Golf Dr.	AUGUST 1	Columbus Park Jackson Blvd. & Golf Dr.	NOVEMBER 7	Humboldt Park 1440 N. Humboldt Blvd.
MAY 2	Big Marsh Park 11555 S. Stony Island Ave.	AUGUST 8	Douglass Park 1401 S. Sacramento Dr.	NOVEMBER 14	Horner Park 2741 W. Montrose Ave.
MAY 9	Horner Park 2741 W. Montrose Ave.	AUGUST 15	Humboldt Park 1440 N. Humboldt Blvd.	NOVEMBER 21	Washington Park 5700 S. Russell Dr.
MAY 16	Garfield Park Woodward & Music Ct.	AUGUST 22	Calumet Park 9801 S. Avenue G		
MAY 23	Jackson Park 1686 E. Hayes Dr.	AUGUST 29	Bye Week No 'Go Run		
MAY 30	Bye Week No 'Go Run	SEPTEMBER 5	Washington Park 5700 S. Russell Dr.		
JUNE 6	Washington Park 5700 S. Russell Dr.	SEPTEMBER 12	Warren Park 6601 N. Western Ave.		





'Go Run FAQs

Who can participate?

'Go Runs are open to anyone who wants to race, run, jog or walk a 1 Mile or 5K in their local park. Those under 18 must have their parent or guardian sign the participation waiver.

Can I run and be a volunteer?

Yes, you may choose to run certain 'Go Runs and volunteer at others. Or, you may also volunteer for pre-run duties, such as set-up, registration and or timing tag pick up, then do the run.

Can I bring my kids?

Yes, 'Go Runs are open to all ages. Parents/Guardians are responsible for the supervision and safety of their children. If your children are 10 or under please accompany your child throughout the run.

Can I run with a stroller?

Yes, but for safety reasons those with strollers please line up behind other participants at the start. Through the run please stay aware of your surroundings as the park paths are not closed for these events.

Can I run with a dog?

Yes, if your dog is friendly and well behaved in large groups you're welcome to bring your dog. Please have your dog on a leash, abide by all Chicago Park District regulations, and line up behind other participants at the start.

Is this a race?

No, this is not officially a race. However, you can run as hard and as fast as you would like to just like a race. There are no competitive awards. 'Go Run will keep track of the course records. Results will only be posted online at GoRunChicago.org.

Do I need to register for each run individually?

Yes, you need to register for each 'Go Run. Register at GoRunChicago.org. Runners may not run under another runner's registration at any time.

Can I participate in a wheelchair?

Yes, please join us! Additional information at GoRunChicago.org.

Can I run at different parks?

Yes, you are welcome to explore all 'Go Run parks. You will receive a timing tag at your first 'Go Run. Bring this timing tag to every 'Go Run you attend.

What about bikes, scooters, roller blades, hand cycles and other wheeled vehicles?

No, 'Go Runs are for those on foot only (except for those in wheelchairs and strollers).



For more information about your Chicago Park District, visit www.ChicagoParkDistrict.com or call 312.742.7529.

City of Chicago | Brandon Johnson, Mayor
Chicago Park District | Board of Commissioners | Carlos Ramirez-Rosa, General Superintendent & CEO

STAY CONNECTED. #GoRun