



One Mile & 5k Community Runs.
Saturdays at 9:00am. All Ages.

Pre-registration required.

Register in advance at GoRunChicago.org. Participants must register for each date they plan to attend.

Pre-registration opens and closes:

One week prior to each 'Go Run on Friday.



Join us!

MARCH 7 **Warren Park**
6601 N. Western Ave.

MARCH 14 **Garfield Park**
Woodward & Music Ct.

MARCH 21 **Jackson Park**
1686 E. Hayes Dr.

MARCH 28 **Horner Park**
2741 W. Montrose Ave.

APRIL 4 **Marquette Park**
6743 S. Kedzie Ave.

APRIL 11 **Douglass Park**
1401 S. Sacramento Dr.

APRIL 18 **Warren Park**
6601 N. Western Ave.

APRIL 25 **Columbus Park**
Jackson Blvd. & Golf Dr.

MAY 2 **Big Marsh Park**
11555 S. Stony Island Ave.

MAY 9 **Horner Park**
2741 W. Montrose Ave.

MAY 16 **Garfield Park**
Woodward & Music Ct.

MAY 23 **Jackson Park**
1686 E. Hayes Dr.

MAY 30 **Bye Week**
No 'Go Run

JUNE 6 **Washington Park**
5700 S. Russell Dr.

JUNE 13 **Big Marsh Park**
11555 S. Stony Island Ave.

JUNE 20 **Calumet Park**
9801 S. Avenue G

JUNE 27 **Warren Park**
6601 N. Western Ave.

JULY 4 **Bye Week**
No 'Go Run

JULY 11 **Jackson Park**
1686 E. Hayes Dr.

JULY 18 **Horner Park**
2741 W. Montrose Ave.

JULY 25 **Marquette Park**
6743 S. Kedzie Ave.

AUGUST 1 **Columbus Park**
Jackson Blvd. & Golf Dr.

AUGUST 8 **Douglass Park**
1401 S. Sacramento Dr.

AUGUST 15 **Humboldt Park**
1440 N. Humboldt Blvd.

AUGUST 22 **Calumet Park**
9801 S. Avenue G

AUGUST 29 **Bye Week**
No 'Go Run

SEPTEMBER 5 **Washington Park**
5700 S. Russell Dr.

SEPTEMBER 12 **Warren Park**
6601 N. Western Ave.

SEPTEMBER 19 **Bye Week**
No 'Go Run

SEPTEMBER 26 **Horner Park**
2741 W. Montrose Ave.

OCTOBER 3 **Douglass Park**
1401 S. Sacramento Dr.

OCTOBER 10 **Bye Week**
No 'Go Run

OCTOBER 17 **Garfield Park**
Woodward & Music Ct.

OCTOBER 25 **Warren Park**
6601 N. Western Ave.

OCTOBER 31 **Big Marsh Park**
11555 S. Stony Island Ave.

NOVEMBER 7 **Humboldt Park**
1440 N. Humboldt Blvd.

NOVEMBER 14 **Horner Park**
2741 W. Montrose Ave.

NOVEMBER 21 **Washington Park**
5700 S. Russell Dr.





'Go Run FAQs

Who can participate?

'Go Runs are open to anyone who wants to race, run, jog or walk a 1 Mile or 5K in their local park. Those under 18 must have their parent or guardian sign the participation waiver.

Can I run and be a volunteer?

Yes, you may choose to run certain 'Go Runs and volunteer at others. Or, you may also volunteer for pre-run duties, such as set-up, registration and or timing tag pick up, then do the run.

Can I bring my kids?

Yes, 'Go Runs are open to all ages. Parents/Guardians are responsible for the supervision and safety of their children. If your children are 10 or under please accompany your child throughout the run.

Can I run with a stroller?

Yes, but for safety reasons those with strollers please line up behind other participants at the start. Through the run please stay aware of your surroundings as the park paths are not closed for these events.

Can I run with a dog?

Yes, if your dog is friendly and well behaved in large groups you're welcome to bring your dog. Please have your dog on a leash, abide by all Chicago Park District regulations, and line up behind other participants at the start.

Is this a race?

No, this is not officially a race. However, you can run as hard and as fast as you would like to just like a race. There are no competitive awards. 'Go Run will keep track of the course records. Results will only be posted online at **GoRunChicago.org**.

Do I need to register for each run individually?

Yes, you need to register for each 'Go Run. Register at **GoRunChicago.org**. Runners may not run under another runner's registration at any time.

Can I participate in a wheelchair?

Yes, please join us! Additional information at **GoRunChicago.org**.

Can I run at different parks?

Yes, you are welcome to explore all 'Go Run parks. You will receive a timing tag at your first 'Go Run. Bring this timing tag to every 'Go Run you attend.

What about bikes, scooters, roller blades, hand cycles and other wheeled vehicles?

No, 'Go Runs are for those on foot only (except for those in wheelchairs and strollers).



For more information about your Chicago Park District, visit www.ChicagoParkDistrict.com or call 312.742.7529.

City of Chicago | Brandon Johnson, Mayor
Chicago Park District | Board of Commissioners | Carlos Ramirez-Rosa, General Superintendent & CEO

STAY CONNECTED. #GoRun

